

# RAIN ANYA

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## *Aerial Arts Instructor* for Paper Doll Militia

### Ongoing Studio Classes & Lessons- Instructor

#### **PRIVATE LESSONS, HOME STUDIO, 2013 - Current**

Individual and focused private classes for 1 to 4 students in aerial skills, act development, conditioning, and flexibility.

#### **CANOPY STUDIOS, ATHENS, GA - 2012 - 2014**

Bi-weekly classes for Canopy silks instructors

#### **THE SPACE, ATLANTA, GA - 2014**

Multiple Weekly classes in Aerial Improv and Silks

#### **SKY GYM, ATLANTA, GA 2012 - 2014**

Multiple weekly classes in Advanced silks and Aerial Yoga

#### **GROOVOLUTION DANCE STUDIO, WEST PALM BEACH, FL, 2011**

Multiple weekly classes and private lessons in aerial arts and deep stretching. All Levels.

#### **KINETIC ARTS CENTER, OAKLAND, CA, 2009 - 2012**

Multiple weekly studio classes and private lessons in static trapeze, tissue & act development. Instruction for Youth Circus Troupe through Artist in Residency program. All Levels.

#### **SAN FRANCISCO CIRCUS CENTER, SAN FRANCISCO, CA, 2009 - 2010**

Multiple weekly studio classes and private lessons in Corde Lisse. All Levels.

#### **THE ATHLETIC PLAYGROUND, EMERYVILLE, CA, 2008 - 2012**

Multiple weekly studio classes in Aerial Fitness levels I & 2, Aerial skills level II, Youth Circus, and Yoga. (Mixed Apparatus) Offered private lessons in aerial fitness, skill building and act development.

#### **TRAPEZE ARTS, OAKLAND, CA, 2008 - 2010**

Multiple weekly classes and private lessons in Aerial Arts (Mixed aerial apparatus) and Youth Circus. All Levels.

#### **ACROSPORTS, SAN FRANCISCO, CA, 2008 - 2009**

Multiple weekly classes in Aerial Arts (Mixed aerial apparatus) and Youth Aerial Arts. All Levels.

#### **FITNESS IN TRANSIT, OAKLAND, CA, 2008 - 2009**

Mobile circus arts and gymnastics classes for kids.

#### **WISE FOOL NEW MEXICO, SANTA FE, NM, 2005 - 2007**

Multiple weekly classes in static trapeze, tissue, corde lisse, and youth trapeze. All Levels.

#### **FAME, SANTA FE, NM, 2007**

Movement class for people with developmental disabilities.

#### **YOGA MOVES, SANTA FE, NM, 2005 - 2006**

Weekly classes in aerial skills and improvisation. Levels I & II.

## Specialty instruction, Workshops, and Camps

### **SPECIALTY WORKSHOPS IN AERIAL ARTS, U.S. AND UK, 2006 - 2014**

Instruction and curriculum design for specialty aerial arts and performance workshops. Complete workshop descriptions available upon request. Many specialty workshops took place at above listed studios. Additional venues include: (in order of most recent)

- Circus School of Arizona, Phoenix, AZ
- Moxie Mischief, Dallas, TX
- Gyrotonic Houston, Houston, TX
- New England Center for Circus Arts, Brattleboro, VT
- All or Nothing, Edinburgh, UK
- Aerial Fit, Charleston, SC
- Versatile Arts, Seattle, WA
- Knotty Yoga (Handstands), Seattle, WA
- Bumpshoot Aerial Arts, Kansas City, MO
- Voler Thieves of Flight, Kansas City, MO
- Frequent Flyers Aerial Dance, Boulder CO
- Utah Aerial Arts, SLC, UT
- Sky Candy, Austin, TX
- Poletential, Redwood City, CA
- DAIR Project, Atlanta GA
- S.L.A.M (Streb Lab for Action Mechanics), New York City, NY
- Big Sky Works, New York City, NY
- Florida State Jr. Thespian District 3 Festival, West Palm Beach, FL
- Out of the Blue Drill Hall, Edinburgh, Scotland, UK
- Dance Base, Edinburgh, Scotland, UK
- Kinetic Hive, Atlanta, GA
- Agni Power Yoga (Circus / Yoga fusion workshop) Atlanta, GA
- Cliff Bar, Berkeley, CA
- Bowery Poetry Club, New York City, NY

### **CO-AUTHOR FOR THE ROPE MANUAL WITH REBECCA LEACH, 2012 - 2014**

Along side Rebecca Leach, developed curriculum, organizational structure, writing, photos, and videos for extensive rope resource manual, to be released in 2014/2015.

### **CO-INSTRUCTOR, D'AIR TEACHER TRAINING PROGRAM, 2013**

Along side Nicole Mermans and Andrea Fors, developed and instructed comprehensive teacher training program for all of D'AIR's instructors. The 12 week course focused on safety, breaking down skills progressions, vocabulary, and form. Specialized in the presentation of "form and function" aspect of the training.

### **INSTRUCTOR, YASH RAJ FILMS, MUMBAI, INDIA, 2012**

Aerial Coach and trainer for lead actress in Bollywood Film "Dhoom 3." intensive training for aerial arts on silks, hoop, and straps, with additional strength and flexibility training.

### **INSTRUCTOR, THREESIXTY ENTERTAINMENT, ATLANTA, GA 2011**

Training aerialists for the role of mermaid on aerial silks. Instruction on original choreography of Fluer Darkin.

### **INSTRUCTOR, WISE FOOL NEW MEXICO, SUMMERS OF 2007, 2008 & 2011**

Instructor in trapeze, tissue & partner acrobatics in adult women's circus workshop *BUST* and *Kids Summer Circus Camp*.

### **INSTRUCTOR, INDEPENDENT LAKE CAMP, ORSON, PA, SUMMER 2006**

Instructor for ages 6 - 17 in trapeze, tissue, rope, acro, spanish web, hammock, lyra, juggling & assistance on flying trapeze.

## Circus Skills Training

### **NEW ENGLAND CENTER FOR CIRCUS ARTS, BRATTLEBORO, VT, 2007 - 2008**

9 month Professional Track Program. Specializing in Corde Lisse and Duo Acrobatics

### **PANGYM , OAKLAND, CA 2008 - 2010**

Semi-private lessons in Pangym “Progressive resistance training” - Strength training and Static Trapeze with Luc Martin

### **CIRCOMEDIA CENTER FOR CONTEMPORARY CIRCUS AND PHYSICAL THEATRE, BRISTOL, UK, 2005**

3 month Intensive Training Program . Specialized in Aerial Arts and Physical Theatre.

### **WISEFOOL, NM, SANTA FE, NM, 2003 - 2007**

On-going Studio Classes and Private Lessons in static trapeze, rope, tissue, and acrobatics

### **PENASCO THEATRE, PENASCO NM, 2003 - 2007**

On-going Studio Classes and Private Lessons on rope and tissue

### **AERIAL DANCE FESTIVAL, BOULDER, CO, 2005**

Various instructors and disciplines

## Education / Theatre Training

### **COLLEGE OF SANTA FE, SANTA FE, NM, 2002 - 2006**

BA. In Performance for Social Change, an interdisciplinary program merging theatre, music, dance, and political science studies. Graduated Magna Cum Laude

### **CIRCLE IN THE SQUARE, NEW YORK CITY, NY, 2001**

Musical Theatre Intensive Program

### **A.W. DREYFOOS SCHOOL OF THE ARTS, WEST PALM BEACH, FL, 1996 - 2002**

Performing Arts High School. Major: Theatre with a specialization in acting, dance, and vocals.

## Teacher Training Education

### **NEW ENGLAND CENTER FOR CIRCUS ARTS, BRATTLEBORO, VT, 2008**

35 hour Trapeze Teacher Training Including: Static trapeze skills from beginner to advanced, spotting, injury prevention awareness, proper technique and form, teaching progressions and approach with Elsie Smith and Serenity Smith-Forchion.

### **CAMP YOGA, OAKLAND, CA, 2009 - 2010**

Yoga Alliance Certified Teacher Training Program for Ashtanga / Vinyasa Yoga. Instructor Laura Camp and Guests.

### **CIRCUS ARTS THERAPY, HOSTED BY WISE FOOL, SANTA FE, NM, 2008**

Weekend workshop in teacher training and private lessons with Carrie Heller. Trapeze Teacher Training

### **WISE FOOL, NM**

Private lessons in Teacher Training, Overview of the Cirque Du Monde training, offered by Cirque Du Soleil and attended by Wise Fool Founder Alesandra Ogren. Concepts and interactive discussion about “social circus.”